

INDIAN CONCRETE INSTITUTE

BENGALURU CENTER, KARNATAKA

In Association with

DAYANANDA SAGAR COLLEGE OF ENGINEERING

Kumaraswamy Layout, Bengaluru, Karnataka 560078

Department of Civil Engineering, DSCE

Cordially invite you for the webinar on

“YOGA - MANTRA FOR PHYSICAL AND MENTAL WELL-BEING”

On 22nd May 2021, Saturday 6.00 pm.



Ms. K. S Kaveri, Yoga Instructor and Therapist,.

She has done Certification course with Specialization in Diabetes from renowned "Vivekananda Yoga University". She has been teaching the art of yoga since 15 years. She has worked as yoga instructor in corporate companies like Accenture and Oracle. She has also worked in Asian Women Spa, Stree maja, A.V hospital, Avopa Vysaya Community etc. She has also taught Yoga to many celebrities. Currently she owns a Yoga Center in Bangalore. Some of the forms of yoga she has been teaching over the years are - Traditional Yoga, Power Yoga, Arobic Yoga, Yoga dance, Yoga with various gym equipment and Pilates. She has made appearance on television multiple times, she was honoured by various institutions and hospitals.

Dr. L R Manjunatha
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HOD, Civil Engg Dept, DSCE

Dr C P S Prakash
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Register in advance for this meeting

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